Walk with me, oh my Lord, through the darkest night and brighest day. Be at my side, oh Lord, hold my hand and guide me on my way.

Sometimes the road seems long, my energy is spent. Then, Lord, I think of You and I am given strength.

Stones often bar my path and there are times I fall, but You are always there to help me when I call.

Just as You calmed the wind and walked upon the sea, conquer, my living Lord, the storms that threaten me.

Help me to pierce the mists that cloud my heart and mind, so that I shall not fear the steepest mountain-side.

As once You helped the lame and gave sight to the blind, help me when I'm downcast to hold my head up high.